



INSTRUCTIONS TO FOLLOW BEFORE YOUR CHILD'S SEDATION APPOINTMENT

RULES:

ARRIVED ON TIME AND WELL INFORMED

It is very important that you arrive on time for your appointment. Scheduled time includes the time required for the drug to take effect. These appointments are very limited thus if you do not show for the appointment without calling the office you will not be able to reschedule for 6 months. Try not to bring other children or family members to the appointment so you can focus on your child. You must have a ride to and from the office (**no bus rides**). You or a responsible adult must remain with the child at all times. No going to school, day care and no after school activities.

NOTIFY HEALTH CHANGES

Please notify our office of any changes or health or medical conditions of your child. As fever, Cough, Cold, Vomiting, Diarrhea, Runny Nose, Ear Infection, Nasal Congestion, Chest Congestion or recent head trauma could place your child on further risk or complications. If your child becomes ill just before the sedation appointment, get in touch with our office to see if it is necessary to postpone the appointment.

NOTIFY MEDICATIONS

Notify us about any prescription, non-prescription medicine and herbal medicine that your child is taking. Check with us to see if routine medications should be taken the day of sedation. Also informs us of any allergies or reactions to medications that your child has experienced. If your child has Asthma please bring their inhaler to the appointment as your child will need to use their inhaler prior to the procedure. If your child has a nebulizer please do a treatment the night before.

FASTING – NO FOOD OR LIQUIDS

Food of Liquids should be restricted 8 hours prior to sedation. Fasting reduces the risk of vomiting and aspiration of gastric content into the lungs, a potentially deadly problem. We will not proceed with sedation if you do not meet the following requirements. Everyone should know at home the requirements of fasting siblings and family members could feed your child. **Minimum Time of fasting before the appointment it is 8 hours. Nothing to eat or drink after midnight.**

Patient's name: _____

Instructions Given by: _____

Date: _____

Instructions Receive By: _____

Date: _____

Parents Signature: _____