



POST OP INSTRUCTION AFTER EXTRACTIONS

Do not scratch, chew, suck or rub the lips, tongue, or cheek while they feel numb or asleep. The child should be watched closely so he/she does not injure his/her lip, or cheek before the anesthesia wears off.

Do not rinse the mouth for several hours.

Do not drink a carbonated beverage (Coke, Sprite etc.) for the remainder of the day.

Do not drink through a straw.

Keep fingers and tongue away from the extraction area.

Bleeding- Some bleeding is to be expected. If unusual or sustained bleeding occurs, place cotton gauze firmly over the extraction area and bite down or hold in place for fifteen minutes. This can also be accomplished with a tea bag. Repeat if necessary.

Maintain a soft diet for 1-2 days, or until the child feels comfortable eating normally again.

Avoid strenuous exercise or physical activity for several hours after extraction.

Pain-For discomfort use Children's Tylenol, Advil, and Motrin as directed for age of the child. If medicine was prescribed, then follows the directions on the bottle.

4400 North Freeway Ste. 500 D | Houston, TX 77022 | BUS 832-834-7973 | FAX 832-834-7977

6336 Telephone Rd | Houston, TX 77087 | BUS 713-644-3000 | FAX 713-644-3004

www.jamboreedentistry.com